

Join us for the

Spend Smart! Challenge

Share your wellness journey on the Schurz Choice Facebook page and earn points for the Spend Smart! Challenge! Start by “Liking” the Schurz Choice Facebook page. Then post a photo, comment, or link to the page according to the weekly schedule below. Be sure to use the hashtag **#SchurzChoiceSpendSmart**.

**Facebook.com/SchurzChoice**

### GET SOCIAL: Facebook

- { Week 1 } Post a link to your favorite financial resource, whether it's a website with articles about financial planning or an online retirement calculator!
- { Week 2 } Do you know the difference between a 401K, an IRA, and a Roth IRA? Post a link to the best explanation you can find on these types of retirement accounts.
- { Week 3 } Find an online tool that will help you estimate how long it will take to pay off your debt. Post a link to the tool that helps you find your answer.
- { Week 4 } Post a picture of the coupons you used, the grocery list you created, or the store-brand version of an item that you bought this week.

- { Week 5 } Visit [HHS.ov/healthcare/facts/factsheets/2010/07/preventive-services-list.html](http://HHS.ov/healthcare/facts/factsheets/2010/07/preventive-services-list.html). View the list of preventive health services that are covered at 100% under Health Care Reform. Post one of the services you were surprised to discover is covered.
- { Week 6 } Post a link to an article that teaches you one of the following things: how to interpret your credit score, how to read your credit report, or how to improve your credit score.
- { Week 7 } True or False—You can use your HSA dollars to pay for a new pair of contact lenses. Post your answer.
- { Week 8 } Find a friend who uses a CPA in your area and post a link to that CPA's website.

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**Choice**  
BENEFITS PROGRAM

**#SchurzChoiceSpendSmart**