

Join us for the

Go Green CHALLENGE

Share your wellness journey on the Go Live Smart® Facebook page and earn points for the Go Green Challenge! Start by “Liking” the Go Live Smart® Facebook page. Then post a photo, comment, or link to the page according to the weekly schedule below. Be sure to use the hashtag **#SchurzGoGreen**.

Facebook.com/golivesmart

GET SOCIAL: Facebook

- { Week 1 }** Take a picture of yourself using some form of transportation besides a car. Whether you're out biking, walking, riding a bus, or taking a subway, snap a picture and post it to the Go Live Smart Facebook page.
- { Week 2 }** Take a picture at your favorite farmer's market or co-op. Snap a photo of a vendor's booth or a sign for your preferred fruit or vegetable and post it to the Go Live Smart Facebook page.
- { Week 3 }** Time to get creative! You have two choices this week—write a few sentences about how you've practiced the 3 R's in the last few days or take a picture of yourself reducing, reusing, or recycling something! Post to the Go Live Smart Facebook page.
- { Week 4 }** Write about how you practice green principles while on-the-job and post it to the Go Live Smart Facebook page.



Schurz
Choice
BENEFITS PROGRAM

#SchurzGoGreen